



# **New Research Study at NYU Grossman School of Medicine for Patients with Prostate Cancer and Partners/Family Members**

## **Sleep, Exercise, Nutrition and Survivorship in Prostate Cancer**

The purpose of this study is to examine the value of a website with sleep and lifestyle recommendations for patients with prostate cancer and their families.

### **To be eligible for the study you must:**

- Be a U.S. adult over age 18
- Diagnosed with prostate cancer OR partner/family of a patient with prostate cancer
- Have telephone and internet access
- Have trouble with sleep

### **Participation in this research study will include:**

- Visiting a website at least once weekly for 3 months
- 2 online surveys
- Wearing a wrist watch to measure activity for 2 weeks
- 2 telephone calls with the study team
- \$125 in gift cards for study participation

If you are interested in learning more about the study, please contact us by phone or email:

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